

ADVANCE CREDIT

Proficiency Examination in Physical Education (PEPE)

Proficiency examinations (or credit by examination) in PE courses are given to enable students who are already skillful in one (1) or more sports to acquire advance units in PE. Any student who passes a PEPE shall be given credit for the corresponding PE course. Students may take proficiency examinations in one (1) or more courses to meet the PE requirements. The examination is given twice a year, i.e., before the start of every semester.

A student who is graduating at the end of a given semester but who failed to enrol in a required PE course may take a special proficiency examination upon presentation of a certificate of candidacy for graduation from his/her College Secretary. The fee for the special PEPE is double the regular fee.

Proficiency examinations may be taken in the following areas:

- 1) Team sports: baseball, basketball, floor ball, futsal, soccer, softball, touch rugby, volleyball;
- 2) Individual sports: archery, duck-pin bowling, ten-pin bowling, ice skating, power lifting, rifle/pistol marksmanship, track and field, weight training;
- 3) Dual sports: badminton, fencing, table tennis, tennis;
- 4) Martial Arts: aikido, arnis, judo, karate, taekwondo;
- 5) Dance: ballet, modern dance, modern jazz, Philippine folk dance, social dance, street dance, tap dance;
- 6) Aquatics: skin diving, swimming;
- 7) Fitness: aerobics, running, tai-chi, walking;
- 8) Theory: PE 1;
- 9) Alternative activity: sports wall climbing.