

PRE-ENROLLMENT HEALTH ASSESSMENT (PEHA) 2023

ALL new (UPCAT freshmen, graduate/ post-graduate, VAAS, Certificates, special programs) and returning (readmission from LOA/AWOL of more than 1 semester) students who will be enrolling to UP Diliman are **required to undergo the PRE-ENROLMENT HEALTH ASSESSMENT. Those who accomplished ONLINE PEHA in 2020-2022 and have not yet received their MEDICAL CERTIFICATE FOR ADMISSION must also comply.**

1. Download the following PEHA Forms:
 - a. [Consent Form](#)
 - b. [PEHA Form 2](#)
 - c. [Mental Health Screening \(MHS\) Tool](#)
2. Answer the PEHA Forms then print (fit to short/A4). If handwritten, please use **BLACK or BLUE INK** and **WRITE LEGIBLY**. Scores and assessment findings will be done by the UPHS doctor.
3. Do you have any comorbidity/ chronic illness? Are you immunocompromised?
If YES, obtain a medical certificate from your attending physician allowing you to attend classes and/or stating your restrictions.
4. Have the following [diagnostic tests](#) done at your preferred reputable healthcare facility. **These tests are available at UP Health Service, but results may not be available same day as the day of examination because of the expected influx of requests during the opening of classes.**
 - a. Chest X-ray (PA view) – should be LESS than 6 months old
 - b. Complete Blood Count – should be LESS than 1 week old if PE will be done at UPHS
 - c. Urinalysis – should be LESS than 1 week old if PE will be done at UPHS
5. Do you prefer to have your physical assessment done at other healthcare institutions?
If YES, download and print [PE Form 2C](#) and have it accomplished by the doctor. You will need to present the results of the diagnostic tests to him/her during consultation.
6. [Book an appointment](#) for in-person consultation wherein you will have your physical and mental health assessment at UP Health Service. **Only those with physical assessment done by another doctor (opted for Step 5) will be allowed to WALK-IN Monday to Friday 9:00am-3:00pm for validation of PE, mental health screening, and issuance of Medical Certificate for Admission.**
7. Arrange and staple ALL PEHA requirements then proceed to UPHS OPD for your scheduled in-person consultation:
 - ✓ PEHA Form 2
 - ✓ Mental Health Screening Tool
 - ✓ Chest X-ray result (Radiographic/Radiologic Findings)
 - ✓ Complete Blood Count Result
 - ✓ Urinalysis Result
 - ✓ Medical Certificate (comorbidity/chronic illness)
 - ✓ PEHA Form 2c (if physical assessment done elsewhere)

Prepared by: PEHA Committee 2022

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